

## MCC Hosts 18<sup>th</sup> Annual Empty Bowls Project

**What:** Empty Bowls is an international grassroots effort to fight hunger. Potters and other craftspeople work with the community to create handcrafted bowls, and guests are invited to a simple meal of soup and bread. In exchange for a \$15 donation, guests will get to keep the handcrafted bowl as a reminder of all the empty bowls in our region. The MCC culinary department, area restaurants, and food suppliers will be providing more than 200 gallons of soup as well as bread and pastries for the event. Donations will benefit Foodshare, and thanks to Foodshare's many partnerships, each dollar donated provides 3 meals for one of our hungry neighbors.

Show your support by visiting [www.foodshare.org](http://www.foodshare.org) where you will find opportunities to volunteer, advocate or donate to help those in need.

**When:** Saturday, October 31, 2015  
from 11:00 a.m. – 3:00 p.m.

**Where:** **Manchester Community College**  
Culinary Arts Center  
Great Path, Manchester, CT

**Who:** Manchester Community College (MCC) will once again host the Annual Empty Bowls Project. And thanks to the [generous support of sponsors](#) like Highland Park Market and SBM Charitable Foundation, all proceeds from this event will benefit Foodshare—the regional food bank serving Hartford and Tolland counties.



Keep up with all of Foodshare's latest news and updates by becoming a follower at [www.twitter.com/Foodshare](https://www.twitter.com/Foodshare).

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### About Foodshare

Recognized as one of the most innovative, progressive and efficient food banks in the country, Foodshare serves Hartford and Tolland counties and since 1982, has sought to solve the problem of hunger in the region. Last year, Foodshare provided enough food for 12 million meals to 300 partner programs including food pantries, community kitchens, and homeless shelters, and through its Mobile Foodshare program. Despite that significant effort, two-thirds of the need remains unmet. In order to bridge this gap, the organization is involving the entire community to increase the amount of food available from all sources while also helping individuals to achieve self-sufficiency. Looking beyond the immediate lack of food, Foodshare will address the chronic underlying causes of why there is still hunger in America, stemming from poverty and the lack of access to resources.