

MCC Hosts 19th Annual Empty Bowls Project

What: Empty Bowls is an international grassroots effort to fight hunger. Potters and craftsmen work with members of their local community to create handcrafted bowls. Attendees of this upcoming *Empty Bowls* event, hosted by Manchester Community College, are invited to enjoy a simple meal of soup and bread in exchange for a \$15 donation to Foodshare. Attendees keep the handcrafted bowl as a reminder of all the empty “bowls” here in Greater Hartford. The MCC culinary department, local restaurants, and food suppliers will provide more than 200 gallons of soup as well as bread and pastries for the event. Donations will benefit our hungry neighbors, providing up to 75 meals for every \$30 received.



When: Saturday, October 22, 2016
from 11:00 a.m. – 3:00 p.m.

Where: **Manchester Community College**
Culinary Arts Center
Great Path, Manchester, CT

Who: Manchester Community College will once again host the [Annual Empty Bowls Project](#), and thanks to the generous support of sponsors like Highland Park Market and SBM Charitable Foundation, all proceeds will benefit Foodshare—the regional food bank serving Hartford and Tolland counties.

Keep up with our latest news and updates on [Facebook](#) and [Twitter](#) (@Foodshare).

About Foodshare

Foodshare is Greater Hartford’s regional food bank, working to nourish our neighbors every, single day by increasing access to healthy food. In addition to providing 11.5 million meals worth of food through 300 local programs each year, Foodshare is building collaborative partnerships across the region and advocating on behalf of those we serve, to help stabilize lives with one goal in mind—building a stronger and healthier Greater Hartford for us all.

Join the movement today by visiting www.foodshare.org.